

## Items that Inter Care needs for Africa

All medicines should be in complete 'strip's (still in the manufacturer's box) and, in order to comply with the WHO guidelines on drug donations.

**ALL ITEMS, BOTH MEDICINES AND NON DRUGS**  
(instruments/bandages etc)  
**MUST HAVE AT LEAST 15 MONTHS TO EXPIRY DATE**

### **Medicines**

Antibiotics and anti-bacterials  
Anti-fungals and antivirals  
Anti-retrovirals for HIV (please ask for current requirements)  
Sulphonamides  
Bronchodilators, including unused inhalers  
Vitamin and iron medicines  
Analgesics (excluding dihydrocodeine, morphine etc)  
Antacids and ulcer healing drugs  
Antihypertensive and diuretics  
Oral anti-diabetics  
Anti-epileptics and anti-malarials  
Antihistamines  
Steroid tablets and creams  
Eye and ear drops and ointments  
  
Antidepressants and anti-psychotics  
Nitrates and Digoxin  
Local anaesthetics  
Creams and ointments

### **Surgical Items**

Hand instruments ('as new')  
Swabs, gauze, dressings, plasters  
Theatre drapes, shoes, masks  
  
Bandages (all types)  
Plasters (all types)  
'Butterflies'  
Giving sets and Cannulae  
  
Sutures (all types)  
Airways / tracheostomy tubes  
Naso-gastric tubes  
Maternity / sanitary pads  
Delivery forceps  
Neck collars / wrist braces  
Thermometers, stethoscopes, sphygmomanometers (not mercury)  
Kidney dishes  
Measuring cups / spoons  
Gallipots  
Spatulae  
Gloves (especially latex)  
Scissors  
Weighing scales (lightweight only)  
Needles and syringes

**ALSO ANY RECENT COPIES OF MIMS, BNF and BNF for Children** (all within 12 months).

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### Items we do not require

#### **Medicines**

NO Controlled / 'dangerous' drugs e.g. Dihydrocodeine, morphine etc  
NO Hormonal drugs  
NO IV fluids or TB treatments  
NO Items needing refrigeration e.g. Insulin's and vaccines  
NO food supplements or baby food  
NO Cytotoxic agents  
NO Benzodiazepines  
NO Movicol  
NO Insulin pens

#### **Surgical Items**

NO Specialised appliances  
NO Compression Hose  
NO X-ray machines / films  
NO Ward / theatre furniture  
NO Artificial limbs  
**NO Blood Glucose Testing kits**  
NO Callipers  
NO Crutches  
NO Colostomy items  
NO urinary catheters, leg and bed bags  
NO Mercury sphygmomanometers or thermometers

If in doubt, please contact us on 0116 269 5925 or e-mail  
[medicines@intercare.org.uk](mailto:medicines@intercare.org.uk)