

Counselling Service

Free 1-2-1 confidential counselling sessions



If you are affected in anyway by an illness that could limit your life or the life of a loved one, then this service is for you. You could be the person with the condition, their partner/carer or another close family member.



All sessions are provided by a qualified, experienced counsellor in a confidential setting at Hope House, Griffydam.



For more information about this service or to book a place, please contact Linda on:

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